## Practical Guide for All Caregivers Available for Purchase



Navigating through Memory Loss: A guide for patients and families

As dementia specialists, we understand that when Alzheimer's disease/ related dementia begins, daily life will change. With inevitable and unexpected bumps in the road, *Navigating through Memory Loss: A guide for patients and families* is a practical guide that addresses basic and ongoing medical, emotional, social and financial needs of the affected person. Readers will discover:

- More about diagnosis, treatment and progression of this chronic condition
- Ideas to creatively address daily living concerns from behavioral expressions to hands on care
- Important decisions that require discussion
- How to find and pay for help that will be needed
- Ideas for self-care for the caregiver

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